

# How to Apply the Bible

Happy Wednesday!

“Do not merely listen to the word, and so deceive yourselves. Do what it says.”  
James 1:22 NIV

How many people know Jesus while Jesus doesn't know them? Are you inviting God into your life? Are you inviting God into every part of your life? When you read Scripture, do you read it to gain information or to know God's heart?  
How often do you read the Holy Word of God?

May I suggest you read your Bible at least once a day? (There's even a free app for it on your phone) In the same way that we need physical food daily in order to live, we need the spiritual food of God for our daily lives. How often you read the Bible is how often you're eating spiritually. If we fill up on junk food (tv, social media, gossip, worry, etc), we won't crave the things of God. Just like when you fill up on physical junk food, a healthy salad is NOT what you crave: I crave more junk!

And when you read, pray and ask God to give you a humble heart, to reveal Himself to you, and to teach you something new. Ask Him to help you apply His law to your life and ask Him for grace when you fail.

As you read a verse, ask yourself these questions:

- Am I making progress in applying this verse? (Remember: “Progress”)
- Am I suppressing, undoing, or limiting the power of this verse? If so, how? (Remember: “Suppress” and “Regress”)
- Am I rebelling against this verse? If so, how? (Remember: “Digress”)

By this point, you've probably found something to confess to God in the answers to the above questions. Confess it, ask Him to forgive you and ask Him for help to not repeat the mistake. (Remember: “Confess” and “Forgiveness”)

If we apply this to today's verse:

- How are you progressing and doing what God's Word says?
- Are you restricting the power of God's Word in your life, or ignoring it's power?
- Are you actively hearing God's Word and actively and purposefully not applying it?

Confess where your shortcomings are and ask God for forgiveness.

Let's apply these Progress, Suppress, Digress, Confess, Forgiveness concepts to one more verse today:

“For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.” John 3:16 NIV

- How are you progressing in the Truth that for those who believe the Truth of Jesus will live in heaven forever?
- Are you restricting the power of this Truth of freedom in the forgiveness of Jesus? Are you requiring yourself or someone else to earn forgiveness that God already gives freely?
- Are you actively and purposefully not believing that what God says is true? Are you creating obstacles for yourself or others who need to know how loved they are?

Confess your shortcomings. Ask God for forgiveness.

Dear friends, I pray you LET God change your heart. Lasting heart change is a choice time after time. A choice to choose God before you choose your own desires. Choose God. Love God. There is nothing in His Word that is mean or scary. He is always patient and perfect.

Worship:

“Repent (What A Joy It Is)” by Mitch Wong <https://youtu.be/bRoJL9pHxwE?si=upC-un79DTyd8ezm> [[youtu.be](https://youtu.be/bRoJL9pHxwE?si=upC-un79DTyd8ezm)]

“Walking Free” by Micah Tyler <https://youtu.be/gVnMUKohE1o?si=06HxP-oofmfWIU82> [[youtu.be](https://youtu.be/gVnMUKohE1o?si=06HxP-oofmfWIU82)]

“Jesus > Everything” TAYA [https://youtu.be/KnKgW1XV6bE?si=XCIOPsC\\_x8igRCWN](https://youtu.be/KnKgW1XV6bE?si=XCIOPsC_x8igRCWN) [[youtu.be](https://youtu.be/KnKgW1XV6bE?si=XCIOPsC_x8igRCWN)]

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